Folklore

"SKY'S BLUE, LET'S PUT ON A HAPPY FACE!"

by Sue Mroz

Does the presence of blue skies, sunshine and puffy cumulus clouds have an uplifting effect on the human psyche? I think most of us (unless we're desperate for rain for our crops, etc.) would give a resounding yes! Weatherlores and sayings for centuries have been telling us that high pressure and its attending weather often puts people in a good mood.

Shakespeare said men judge "the state and inclination of the day by the complexion of the sky" and in King Alfred Poems XII it is written: "So it falls that all men are with fine weather happier far."